

SUMP

fun guide!

FUN PROGRAMS FOR ALL AGES

Membership not Required

VOTED BEST SUMMER CAMP & SWIM PROGRAM





Session

Safari Quest May 29 - June 2



Session

5

Chuck E. Cheese June 26 - 30



Insectarium

Franco's Summer Camp

Global Wildlife

AGE GROUPS:

Session

4 - 5* yr old: Yellow group

- 5* 6 yr old: Orange group
- 7 8 yr old: Green group
- 9 10 yr old: Blue group
- 11 12 yr old: Purple group
- 13 14 yr old: Grey group

HOURS: 8:30 - 3:30

AM Care: 7:30am - 8:30am

\$25/week if pre-registered \$6/day drop-in fee

Registration \$60 Weekly Fees \$229

Members

FEES:

Non Members Registration \$75 Weekly Fees \$249

PM Care: 3:30pm - 6:00pm

\$50/week if pre-registered \$12/day drop-in fee

CALL TODAY! 985.792.0205

Session Baby Cakes Baseball

Price includes games, arts and crafts, a wide array of fun activities, indoor inflatable with a 19' slide, water slides, lunch, snacks, field trips and so much more!

ONLY FEW SPOTS

VOTED & SWIM PROGRAM

For more information please email kmcswain@myfrancos.com







Adubon Aquarium July 24 - 28





Children's Discovery Center luly 17-21





Audubon Zoo Session June 19 - 23





Elevation Station Session July 3 - 7





YOUTH AQUATICS



WATERBABIES

Six to eight students per teacher. Waterbabies is the first step of our swim lessons program. Designed for children under 3, this class helps babies and toddlers to get accustomed to the water with their parent.

Sessions are 8 wks., 1 day per wk. You pick the day!

Sessions begin first week of June Tuesday 6:30pm Wednesday 9:30am Saturday 11:15am

\$125 Members / \$155 Non-Members

KIDS PRIVATE & SEMI-PRIVATE SWIM LESSONS

Instruction is tailored to youth of all levels and abilities, from beginners to those who want to refine or improve their swimming technique.

Call the Aquatic Department for availability and pricing at 985-792-0274.



LEARN-TO-SWIM

Beginners can start here and progress through five levels. They learn water safety and become more efficient in swimming while learning the various strokes. Children are evaluated on the first lesson and placed into proper groups, which are determined by a combination of age and ability. (Ducks, Penguins, Frogs, Seals, Dolphins)



Pre-Season Swim Lessons May 15 – 25 5:15pm or 5:55pm

Summer Sessions: Two-week session, Mondays - Thursdays. Fridays are rain days.

2 Week Session Dates:

Session 1	May 29 – June 8
Session 2	June 12 - 22
Session 3	June 26 – July 6
Session 4	July 10 - 20
Session 5	July 24 – Aug 3

Session Times:

10:00am, 10:40 am, 5:15pm, 5:55pm

Post Season Session August 7 - 17 (after school 5:15pm or 5:55pm)

\$125 Members / \$155 Non-Members



NORTHSHORE'S

BEST SWIM CLUB

SUMMER SWIM CLINIC

The Summer Swim Clinic is designed to promote strong swimming skills which will last a lifetime. We teach the four competitive strokes, emphasizing stroke efficiency and racing starts and finishes. Great individualized attention for the summer league competitor!

Pre-requisites: Age 5 and up. Must be able to swim a length of the pool. (25 yards)

Dates and Times

April/May session: April 22, 29, May 6, 13, 20, 27, June 3

June/July session: June 10, 17, 24, July 1, 8, 15, 22

\$125 Members / \$155 Non-Members

FINS SWIM TEAM

Franco's Fins is a

year-round United States Swimming (USS) team for ages 5 and up.

The Fins' Mission is to create an environment that offers support, program structure, and encouragement, allowing each athlete the opportunity to attain his or her maximum potential in competitive swimming.

Call the Aquatic Department at 985-792-0274 or the registration desk at 985-792-0205 for availability and pricing.

SCHOONER'S SWIM TEAM

10 Week Summer Swim Team Swimmers of all abilities - Ages 5 - 18

Schooner's is a recreational summer swim team that participates in the Scenic River Swim Association. Our summer program is designed for diverse abilities and motivational levels to give each individual a unique swimming experience.

Price includes meet fees, banquet fees, SRSA registration and swim cap. Team suit, shirt, and team picture are not included, but can be purchased separately.

Schooner's 2017 Practice Schedule:

Beginning Monday, May 15 Monday - Thursday 7:00pm - 8:00pm

Beginning Tuesday, May 30 adding morning practices:

Monday - Friday 9:00am ages 8 & under Monday - Friday 10:00am ages 9 & over

For more information, contact Robby Fritscher at 985.792.0274 or rfritscher@myfrancos.com or visit www.francosschooners.com

ADULT AQUATICS



FINS MASTERS SWIM

FINS MASTERS SWIM is a year-round, organized swim program for adults (ages 19+). Members practice together several days a week as a team, with coaching at every practice. The benefits include the expertise and personal attention received from the coach, the motivation and camaraderie of swimming with a group and the flexibility of service to all levels of swimmers.

Monday, Wednesday and Friday 6:00am -7:00am and 12:00pm -1:00pm

Tuesday & Thursday 6:00pm - 7:00pm

Saturday 7:00am - 8:00am

\$40/month/members only Must be a member of the USMS.





PRIVATE & SEMI-PRIVATE SWIM LESSONS

Instruction is tailored to youth of all levels and abilities, beginners in any stroke, or for those who would like to refine their swimming technique. Call the Aquatics Department at 985-792-0274 to arrange your private or semi-private swim lesson.



RESORT STYLE SUMMER FUN

ASK ABOUT OUR SPECIAL SUMMER MEMBERSHIPS!

Call 985.792.0200 Today!

STREET MALE NAMES IN

JOIN BEFORE SATURDAY JUNE 3 and receive your invitation to the

SUMMER KICK-OFF PARTY

> Enjoy Music, Poolside Games, Contests, Activities, and Fabulous prizes

Delicious Food and Drinks served at Franco's Poolside Bar & Grill

Waterslide Fun

SUMMER WATERSLIDE HOURS:

Weekends May 13 - 14 and 20 - 21 Open from 12:00pm - 5:00pm

Open Daily Wednesday, May 24 Monday - Friday 10:00am - 7:00pm Saturday & Sunday 11:00am - 6:00pm

Member Season Pass Prices (plus tax):

- Individual Season Pass \$49
- Family Season Pass \$99
- Day passes are available for \$7.50/day.
- Non-members pay applicable guest fees.

Dive-In Movie Schedule

Free for members! Bring a lawn chair. Poolside Grille open until 9:30pm for concessions.

Friday, 8:30pm – 10:00pm Moana, Fri, May 26 Finding Dory, Fri, June 9 Zootopia, Fri, June 23

YOUTH FITNESS



JUNIOR FITNESS INSTRUCTION

JFI is a program designed for kids 8-13 years of age. This allows your child access to the Fitness area.

- Proper workout techniques
- Club etiquette
- A general understanding of how the body works
- The development of exercise as a lifetime interest & nutritional guidelines

May 30-June 1 - 11:00am - 1:00pm June 20-22 - 11:00am - 1:00pm July 11-13 - 11:00am - 1:00pm

\$125 Members / \$157 Non-Members

For pricing and information contact: 985-792-0210



PARENTS NIGHT OUT

Ages 6 weeks - 11 years (divided into age-appropriate groups)

June 25 and July 30 - 5:30pm - 9:00pm

Drop your kids off for an evening of fun! Have a date night or stay in and enjoy a quiet evening at home with the peace of mind that comes from knowing your kids are having a GREAT time! Pizza, arts and crafts, scavenger hunts, movie time and lots of games!

Pre Registration is requested by the Wednesday of the week of Parents Night Out.

For pricing and information contact: 985-792-0210

ENJOY YOUR CHILD'S SPECIAL DAY and let us do all the work!

All you do are the invitations and goody bags and we do the rest! A party you could never imagine and will never forget! Book in advance to secure your date!

Waterslide Parties, Adrenaline Rush Obstacle Course Parties and more!

For more information on prices and availability, call youth director Kara McSwain at 985.792.0243 or email kmcswain@myfrancos.com.





2 HOUR CLASS / 10AM / M-W-F CALL 985.801.0500 TO REGISTER TODAY!

Camp includes fun workouts, skills, and active games, Our programming focuses on improving fitness in a fun community setting!



For more information call 985.801.0500 or visit crossfitfrancos.com

8 // FRANCO'S HEALTH CLUB // 985.792.0200 // francosmandeville.com



REGISTRATION GOING ON NOW.

985.801.0500 | crossfitfrancos.com | infocrossfit@myfrancos.com | 1801 N. Causeway Blvd., Mandeville

YOUTH TENNIS



2017 TENNIS YOUTH PROGRAMS SUMMER SCHEDULE

7-WEEK SUMMER SESSION: JUNE 5 – JULY 28 (NO CLINICS THE WEEK OF JULY 3 – 7)

SCOOBY DOO

For ages 4 and up. Develops essential motor skills, movement and tracking skills. Each drill is designed to improve a child's physical development prepare the child to be able to adjust to a moving ball, make contact and direct the ball.

Tuesday & Thursday 8:00am - 8:30am

JUNIOR ACES

for this class.

Monday & Wednesday

\$91 per session, 1 day per week

\$182 per session, 2 days per week

5:00pm - 6:00pm

\$84 per session, 1 day per week \$168 per session, 2 days per week

For ages 6 and up. The Quick Start

method gets kids rallying as soon as

possible. Learning to control a 4 ball

rally and development of motor skills

and tracking skills are primary objectives

ACES

For ages 8 and up. This is the next step in the Quick Start format. Continue to improve rallying skills while gaining an awareness of point play. Spatial awareness and the development of simple tactical concepts are introduced.

Tuesday & Thursday 5:00pm - 6:00pm

CHAMPIONS

Tuesday & Thursday

5:00pm - 6:00pm

Play.

\$91 per session, 1 day per week \$182 per session, 2 days per week

For ages 11 and up who are able to

rally, serve and keep score. Basic stroke

technique for ground strokes, volleys

engaging in point play. Players should

be actively engaging in match play

through leagues, tournaments and

Franco's Saturday Supervised Match

\$91 per session, 1 day per week

\$182 per session, 2 days per week

and serves are emphasized while

JUNIOR ACADEMY

For the serious competitor, this class starts with a disciplined approach to gaining consistency, and builds into an overall development of movement to, preparation for and recovery from every shot. Regular attendance and tournament play is expected.

Monday & Wednesday 3:30pm - 5:00pm

\$196 per session, 1 day per week \$350 per session, 2 days per week

ACADEMY

The Academy program is for the experienced players at the State, Sectional, and National levels. Acceptance into the program is by invitation only. Invitations are extended based on ranking, work ethic, and willingness to learn. The majority of drills will be live ball and will involve specific techniques or point situations.

Monday - Thursday 2:00pm - 4:00pm

\$30 members - per day \$35 non-members - per day

Add \$10 registration fee for members/\$45 registration fee for non-members, non-refundable

For more information on tennis programs and scheduling, please call the Tennis Department at 792-0260, or check our website at francosmandeville.com.

MONDAY

9:00am - 10:00am Adult Stroke & Drill 10:00am - 11:00am Volley Clinic 6:00pm - 9:00pm USTA Mixed Doubles 40+ 7:00pm - 8:00pm Wild Mens Workout

TUESDAY

9:00am - 10:00am Adult Beginner Clinic 9:00am - 10:00am Ladies 3.5 Summer League 6:00pm - 9:00pm USTA Mixed Doubles 40+ 7:00pm - 8:00pm Adult Intermediate Clinic

WEDNESDAY

9:00am - 10:30am "B" League Ladies Clinic 9:30am - 11:30am Ladies 2.5 Quads 6:30pm - 8:30pm Ladies Quads 7:00pm - 8:00pm Adult Stroke & Drill

THURSDAY

9:00am - 10:00am Adult Stroke & Drill 9:00am - 11:00am Ladies 3.0 & Up Summer League 10:00am - 11:00am Net Play Clinic 6:30pm - 8:00pm Franco's Mens NFL League







FRIDAY

9:00am - 10:30am "C" League Ladies Clinic 9:00am - 10:30am Adult Stroke & Drill 6:00pm - 8:00pm USTA Mixed Doubles 18+/55+

SATURDAY

8:00am - 11:30am USTA Mixed Doubles 18+/55+ 9:00am - 10:00am Cardio Tennis 10:00am - 11:00am Adult Beginner Clinic 10:00am - 11:00am Adult Intermediate Clinic

MIXERS & EVENTS

May 25	NFL League Starts
June 24	Summer Cook Out Mixer
July 15	Potluck and Margarita Mixer
August 12	Crazy Feed Championship

SUMMER CAMP REGISTRATION GOING ON NOW ENROLL TODAY! 985.792.0205

francosmandeville.com



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SPOTS LEFT

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CLUB & SP