



JFI participants receive training and knowledge of a **proper workout program**, club etiquette, nutrition, understanding of how the body works, development of exercise as a lifetime interest, and **ACCESS to the weight room & cardio room** with parent supervision.

Ages 8 - 14 years old. Limited to 12 participants.  
985-792-0205 / programregistration@myfrancos.com

Mardi Gras Break	Feb 26, 27, 28	Wed, Thu, Fri	11am - 12:30pm
Easter Break	Apr 16, 17, 18	Thu, Fri, Sat	11am - 12:30pm
Early Summer	Jun 2, 3, 4	Tue, Wed, Thu	11am - 12:30pm
Late Summer	Jul 29, 30, 31	Wed, Thu, Fri	11am - 12:30pm

## REGISTER

JFI student	D.O.B.
Parent(s)	Acct #:
Address	
Email	Phone

In consideration of being allowed to participate in Franco's Youth Fitness activities supervised by Franco's trainers and staff, and to use the facilities, equipment and machines of Franco's, I do hereby waive, release and forever discharge Franco's staff and FAC from any and all responsibilities or liability from injuries or damages resulting from my participation in any activities or machinery in the above activities. I do also hereby release all those mentioned and any other acting upon their behalf. I grant all rights to use my child's name & photos taken during the class for possible future flyers, advertising and social media.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Register ONLINE NOW  
using the QR code below



Register at Franco's Registration Desk  
985-792-0205

\$125/members, \$157/guests

\_\_\_\_ Account Charge  
\_\_\_\_ Credit Card \$\_\_\_\_ Cash  
\_\_\_\_ Check # \_\_\_\_\_

\*program cost is non-refundable