

monday

7:00am - 8:00am	Cardio Tennis
9:00am - 10:30am	Stroke & Drill
6:00pm - 9:00pm	USTA Mixed Doubles League
7:00pm - 8:30pm	Wild Mens Workout

tuesday

7:00am - 8:00am	Cardio Tennis
9:00am - 10:00am	Beginner Clinic
9:00am - 11:00am	Ladies WNFL Summer League
6:00pm - 9:00pm	USTA Mixed Doubles League
7:00pm - 8:00pm	Advanced Clinic (3.0 & above)

wednesday

7:00am - 8:00am	Cardio Tennis
9:00am - 10:30am	Stroke of the Week Clinic
6:30pm - 9:00pm	WNFL Ladies Night League
6:00pm - 9:00pm	USTA Mixed Doubles League

thursday

7:00am - 8:00am	Cardio Tennis
9:00am - 10:30am	Doubles Strategy Clinic
6:30pm - 10:00pm	Franco's Mens NFL League
7:00pm - 8:00pm	Beginner Clinic

friday

7:00am - 8:00am	Cardio Tennis
9:00am - 10:30am	"C" Ladies Clinic
9:00am - 10:30am	Stroke & Drill (3.0 & above)
6:00pm - 9:00pm	Mixed Doubles League

saturday

8:00am - 12:00pm	Adult Mixed Doubles League
9:00am - 10:00am	Cardio Tennis
10:00am - 11:00am	Beginner Clinic
10:00am - 11:30am	Intermediate Clinic

Schedule effective through July 30, 2021, subject to change

985.792.0260 tennisdesk@myfrancos.com

**Franco's Health Club & Spa 100 Bon Temps Roule
Mandeville, Louisiana**



franco's

ADULT

CLASSES

CLINICS

LEAGUES

2021

S



mens TENNIS

franco's
Summer 2021

adult beginner clinics

Tuesday 9am, Thursday 7pm, Saturday 10am

Emphasis on basic stroke technique, proper footwork and movement.

Scoring and basic rules are explained. This clinic gets you ready to play and compete.

Start off the right way and you will improve quickly. \$15 member (\$25/guest)

adult intermediate clinics

Saturday 10am - 11:30am

Emphasis on technique and incorporating strokes, movement, positioning & placement.

Tactics and strategy taught in appropriate format. \$22 member (\$32/guest)

adult stroke & drill clinics

Monday & Friday 9am - 10:30am

Work on specific strokes then incorporate these into your game with drills and a structured competitive format. 1.5 hours \$22 member (\$32/guest)

adult stroke & strategy clinics

Special work on individual strokes. One hour clinic: \$15 member (\$25/guest)

1.5 hours: \$22 member (\$32 guest)

Tuesday 7pm

Wednesday 9am (1.5 hours)

Thursday 9am (1.5 hours)

adult doubles strategy clinic

Specialized work on the fundamentals of modern doubles with a focus on specific elements of your game that relate to doubles strategy, tactics & techniques.

1 hour: \$15 member (\$25/guest), 1.5 hours: \$22 member (\$32 guest)

Tuesday 7pm (1 hour clinic for 3.0 and above)

Thursday 9am (1.5 hour clinic)

wild mens workout

Monday 7 - 8:30pm

Ninety minutes of solid action! Come on out and "Rock and Roll" with a good workout

& hit lots of balls. Be ready to compete from the first ball to the last. \$22 member (\$32/guest)

usta cardio tennis

7am Monday through Friday

9am Saturday

Sign up needed in advance. Limited # of participants.

A nation-wide fitness & tennis program from TIA that promises "heart pumping fitness"

including warm up, cardio workout, great music and a chance to improve your game. \$10 member (\$20/guest)

mens competitive league

Monday, Tuesday, Friday PM, Saturday AM

Play on our USTA League teams! Mens USTA, Senior USTA, Mixed Doubles & Combo Doubles.

mens nfl interclub league

Thursday 6 - 9pm

Weekly match play all summer long according to level. Show up & play, we take care of the rest! \$25/person

mens team lessons

Lessons for your team to meet your needs. Focus on the things that are most important to you and your partner. Let us set

up the perfect team lessons for your group at the time you choose. Call to set up lessons for your Combo Team or you & your partner too!



ladies **TENNIS**

franco's
Summer 2021

adult beginner clinics

Tuesday 9am, Thursday 7pm, Saturday 10am

Emphasis on basic stroke technique, proper footwork and movement.
Scoring and basic rules are explained. This clinic gets you ready to play and compete.
Start off the right way and you will improve quickly. *\$15 member (\$25/guest)*

adult intermediate clinics

Saturday 10am - 11:30am

Emphasis on technique and incorporating strokes, movement, positioning and placement.
Tactics and strategy taught in appropriate format. *\$22 member (\$32/guest)*

adult stroke & drill clinics

Monday & Friday 9am - 10:30am

Work on specific strokes then incorporate these into your game with drills
and a structured competitive format. 1.5 hours. *\$22 member (\$32/guest)*

adult stroke & strategy clinics

Special work on individual strokes.

1 hour: *\$15 member (\$25/guest)*, 1.5 hours: *\$22 member (\$32 guest)*

Tuesday 7pm (1 hour clinic)

Wednesday 9am (1.5 hour clinic)

Thursday 9am (1.5 hour clinic)

adult doubles strategy clinic

Tuesday 7pm (1 hour clinic, 3.0 and above)

Thursday 9am (1.5 hour clinic)

Specialized work on the fundamentals of modern doubles with a focus
on specific elements of your game that relate to doubles strategy, tactics & techniques.

1 hour: *\$15 member (\$25/guest)*, 1.5 hours: *\$22 member (\$32 guest)*

ladies specific level drills

C Ladies: Friday 9am - 10:30am

Drills and match play situations for your NWTL level of play. *\$22 member (\$32/guest)*

usta cardio tennis

7am Monday through Friday

9am Saturday

Sign up needed in advance. Limited # of participants. A nation-wide fitness
& tennis program from TIA that promises "heart pumping fitness" including warm up,
cardio workout, great music and a chance to improve your game. *\$10 member (\$20/guest)*

ladies competitive social leagues

USTA Ladies League (Beginner - Advanced) play Jan - May, 40 & over meet Monday AM or PM. 18 & over and 55 & over meet
Tuesday AM or PM. Mixed Doubles May - Aug. Must be a USTA member. NWTL League (Beginner - Advanced)
plays Wed, Thu, Fri AM Jan - May.

ladies wnfl interclub league

9am Tuesday

Weekly match play all summer long according to level. Show up & play, we take care of the rest! *\$25/person*

ladies team lessons

Lessons for your team to meet your needs. Focus on the things that are most important to you and your partner. Let us set
up the perfect team lessons for your group at the time you choose. Call to set up lessons for your Combo Team or you
& your partner too!

Want to reserve a court to play outside your clinic/lesson hours? Courts can be reserved on the Franco's app or on your online
membership portal at francos.clubautomation.com. Haven't set up your online account yet? All we need is your email on
file then set up is fast and easy! info@myfrancos.com for assistance in setting up your online account

Franco's Tennis

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