

FRANCO'S ADULT TENNIS CLASSES & CLINICS



MON	TUE	WED	THU	FRI	SAT
	7 – 8am CARDIO TENNIS		7 – 8am CARDIO TENNIS		
8 – 9am CARDIO TENNIS					8 – 9am CARDIO TENNIS
9 – 10:30am INT/ADV POINT PLAY (coed)	9 – 10:30am INT/ADV CLINIC (coed)	9 – 10:30am 3.0 / B TEAM PRACTICE (ladies)	9 – 10:30am 3.5+ / A TEAM PRACTICE (ladies)	9 – 10:30am 3.0+ POINT PLAY (coed)	9 – 10:30am INT/ADV CLINIC (coed)
	10:30 – 11:30am BEGINNER CLINIC (coed)			10:30 – 11:30am BEGINNER CLINIC (coed)	10:30 – 11:30am BEGINNER CLINIC (coed)
					10:30 – 12pm 3.0+ MIXED PRACTICE (coed)
	6:30 – 8pm MEN'S BIG HITTERS		6:30 – 8pm UNDER THE LIGHTS (all levels, coed)		

Effective July 10, 2023
Descriptions on the back

FRANCO'S ADULT TENNIS CLASSES & CLINICS

Cardio Tennis (Coed)

Mon & Sat 8 – 9am | Tue & Thu 7 - 8am

Elevate your heart rate with this heart-pumping, feet moving cardio based tennis class. Drills and fun games to music will keep you moving for the entire hour! \$20 Franco's members

Big Hitters (Men)

Tue 6:30pm – 8pm

Evening men's clinic designed to improve your tennis skills, including strategy, stroke production, and match play. **Open to all levels.** \$30 Franco's members

Point Play (Coed)

Mon 9 – 10:30am (COED Int/Adv)

Fri 9 – 10:30am (COED 3.0+)

Extremely fun point-based cardio-type tennis clinic. Work on all facets of your game. Different days and times for beginners and intermediate/advanced players. \$30 Franco's members

Beginner Clinic (Coed)

Tue, Fri & Sat 10:30 – 11:30am

New to tennis? Meet new people and learn the fundamentals of the game to become the strongest player you can be. \$20 Franco's members.

Int/Advanced Clinic (Coed)

Tue & Sat 9– 10:30am

Players with match experience? This is your weekend clinic! Real match situations with intensive coaching. \$30 Franco's members

Team Practices

Ladies 3.0 / B Team Practice

Wed 9 - 10:30am

Ladies 3.5+/ A Team Practice

Thu 9- 10:30am

COED Mixed Practice 3.0+

Sat 10:30 - 12pm

Receive on court instruction that will prepare you and your partner for league matches. This will give you the opportunity to practice with a new partner. \$30 Franco's members.

Under the Lights (Coed)

Thu 6:30-8pm

Evening tennis better for your schedule? We got you and are ready to elevate your tennis game! Join us for fun under the lights and improve on all your tennis skills. Open to all levels. \$30 Franco's members

- **Drop Ins Welcome!**
- Registration requested in advance with a 24-hr cancellation policy
- Members register ONLINE via the Franco's App or your membership portal
- Non-Members pay additional \$10/person on all clinics

Attendance Policy for clinics LESS than 3 people attending:

1 hour clinics: if 1 person attends they receive 30-min training, 2 people attend they receive 45-min training

1 ½ hour clinic: if 1 person attends they receive 45-min training, 2 people attend they receive 60-min training