

Ospa

franco's



the difference is the experience

Throughout history, in every culture around the world, spas have been a place for healing and purification of mind, body, and spirit, reflecting a holistic approach to health.

The O Spa represents a full circle of time, the blending of past and present. The O Spa at Franco's promotes balance, wholeness, and embraces all aspects of health and wellness.

O Spa members and guests have full access to Franco's Health Club & Spa, offering world-class facilities and amenities. Enjoy sauna, steam rooms, jacuzzi, swimming pools, tennis courts, group exercise classes, yoga and pilates, as well as many social and recreational activities.

The O Spa invites you to experience your own personal spa journey, or choose from an array of distinct spa services that help you escape the world and return renewed, refreshed, and restored.

O Spa welcomes everyone, membership not required.



Massage

O Spa Signature Massage

Tailor your relaxation journey with our O Spa customizable massage experience, designed to address your specific needs and preferences for ultimate relaxation and rejuvenation.

Choose from the following techniques:

Swedish Massage
Deep Tissue Massage
Trigger Point Neuromuscular Massage
Myofascial Release
Lymphatic Massage
Prenatal Massage
Reflexology
Myofascial Cupping
Hot Stones
Guasha

Enhancements:

Aromatherapy
Sinus Relief
Cooling Eye Masks
Scalp Massage

Spa Day Package

Experience ultimate relaxation with our Spa Day Package at Franco's. This all-inclusive experience features signature massage, facial, manicure, and pedicure. Enjoy full-day access to our facilities, including the pool and gym, with lunch and gratuity included for a seamless day of luxury.

Body Treatments

Marine Algae Trio

Harness the ocean's healing power with our Marine Algae Body Treatment. Start with gentle exfoliation, followed by a mineral-rich algae wrap to detoxify and improve skin texture. Enjoy a soothing scalp massage and finish with a hydrating body lotion for radiant, rejuvenated skin.

Healing Hydrating Body Treatment

Restore balance and hydration with our Healing Hydrating Body Treatment. Start with gentle exfoliation, followed by a massage with botanical extracts and vitamins to nourish your skin. Our therapists tailor the treatment to your needs, addressing dryness or sensitivity. Enjoy a soothing scalp massage and finish with hydrating body lotion for supple, radiant skin.



Facials

All facials include a personalized skincare consultation to address your needs, cleansing, exfoliation, customized mask, steam and upper body massage.

O Spa Signature Facial

A customizable facial treatment designed to address one's specific skin care needs.

Brightening Facial

Reveal a luminous and even-toned complexion with our medical-grade Brightening Facial, designed to diminish dullness and enhance your skin's natural radiance using advanced skincare technology.

Dermaplaning Facial

Achieve silky-smooth skin and a flawless complexion with our Dermaplaning Facial, a non-invasive treatment that exfoliates and rejuvenates your skin instantly. Our skilled estheticians use a specialized surgical blade to gently exfoliate the outer layer of dead skin cells and remove vellus hair (peach fuzz), revealing a smoother, brighter complexion underneath. Perfect for all skin types.

Microdermabrasion Facial

A revolutionary skin resurfacing treatment that is quick, non-invasive and painless. Your skincare professional uses a handheld device to blast away dead skin cells with tiny microcrystals that thoroughly exfoliate the skin's surface and stimulate cellular renewal.

Anti-Aging Facial

Indulge in our Anti-Aging Facial, meticulously designed to rejuvenate and revitalize your skin using the latest in medical-grade skincare technology. Tailored to combat the signs of aging.

Resurfacing Facial

Achieve a radiant complexion with our medical-grade Resurfacing Facial, meticulously crafted to renew and refine your skin's texture using advanced skincare technology.

Back Facial

Indulge in a soothing and purifying experience with our Back Facial, designed to rejuvenate and clarify the often-neglected skin on your back. Perfect for both relaxation and skincare maintenance, this treatment begins with a thorough consultation to assess your skin's specific needs.

Gentleman's Facial

This service is a unique facial treatment that utilizes an exclusive skin care product created "just for men" and their specific skin care needs.

Enhancements

Mask

Peel

Cooling Eye Mask

Scalp Massage

Eye Treatment



Nails

O Spa Classic Manicure & Pedicure

Pamper your hands or feet with our O Spa Classic Manicure or Pedicure, featuring nail shaping, cuticle care, gentle exfoliation, and a relaxing hand or foot massage. Choose from a selection of premium polish colors.

O Spa Signature Manicure & Pedicure

Indulge in our O Spa Signature Manicure or Pedicure. A luxurious treatment including nail shaping, cuticle care, exfoliation, a hydrating mask, warm towels, relaxing massage, and a perfect polish application for ultimate pampering and beautifully groomed hands or feet.

O Spa Gel Manicure & Pedicure

Treat your hands or feet to luxury with our O Spa Gel Manicure or Pedicure. Featuring nail shaping, cuticle care, gentle exfoliation, and a relaxing hand or foot massage. Choose from a selection of premium gel polish colors.

Express to Impress Manicure & Pedicure

Experience the ultimate in pampering with our express to impress manicure & pedicure, featuring expert nail trimming, precise cuticle treatment, meticulous nail shaping, and a flawless polish for a look that truly dazzles.

Osea Manicure & Pedicure

Experience the rejuvenating Osea Manicure or Pedicure, where your hands or feet are treated to a soothing soak in a warm sea salt bath, followed by expert nail care and gentle exfoliation. Infused with nourishing seaweed extracts, this luxurious treatment includes a relaxing massage and your choice of polish, leaving your skin hydrated and revitalized.

Enhancements

Paraffin Treatment
Callus Removal
Regular French Polish
Gel French Polish
Dazzle Dry

Waxing

Brow	Half Back	Full Arm
Lip	Full Back	Underarm
Full Face	Chin	Half Leg
Bikini	Nose	Abdomen
Extended Bikini	Ear	Tweezing
Brazilian	Half Arm	

Lashes & Brows

Brow Tint	Lash Lift
Lash Tint	Brow Lamination



Making your appointment

We encourage you to make reservations in advance by calling 985.792.0250 or scan the QR code below. Our Spa Coordinator will be happy to assist you in the selection of your service.

At the O Spa we strive to provide you with the best possible experience. Cancellations & No Shows made less than 24 hours in advance will incur a cancellation/no show charge. This policy ensures that you have flexible scheduling, and it honors our time as well.

Upon arrival

For your enhanced comfort and relaxation, we suggest that you arrive 20 minutes prior to your scheduled treatment. This will allow you time to relax in our adult-only locker rooms. We invite you to enjoy our complimentary sauna, steam room, whirlpool, or cold plunge before or after your service.

The O Spa is located on the second floor of the club, adjacent to the library lounge.

To ensure a tranquil environment for all of our spa guests, we ask that cell phones be turned off or silenced during your treatment.

Comfort

Spa attire is what is most comfortable for you. For spa treatments, we provide a luxury robe and sandals. Therapists are highly trained professionals, and you will be draped throughout your treatment.

This is your time – delight in the experience to the fullest. Whether it's the temperature of the room, the amount of massage pressure or the volume of the music, please notify us of your preferences. We offer 7 distinctly designed treatment rooms, a choice of aromatherapies, luxury linens, and a beverage menu to help you customize your spa experience.

Gift Cards

Gift cards are sold in any denomination and can be applied to the sale of products & spa services. Gift cards can be purchased on our website or at the spa desk located in the O Spa. Gift cards should be treated as cash and are non refundable.

Scan QR code to book your appointment!



O Spa welcomes everyone, membership not required.



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